

LignanGold

NUTRIENT DENSE – HIGHLY DIGESTIBLE FOOD

“Good food is good medicine and the best foods are the best medicines”

- Hippocrates



Concept

WHAT ARE LIGNANS?

Lignans are a type of phytonutrients that have a high content of vitamins, mineral enzymes, fiber and antioxidants. They are found in the outer layer/shell of seeds and grains such as flax, barley, rye and millet where flax is by far the richest source that has been identified.

WHY IS LignanGold SO NUTRITIVE?

Compared to other products containing lignans, LignanGold contains the highest source of natural lignans which generates a synergistic effect in the supply of nutrients. Among these we find an extremely high amount of the S.D.G. lignan (secoisolaricresinol diglucoside), widely recognized for being high in fiber, phytonutrients and antioxidants.

WHY S.D.G.?

This widely studied lignan is associated with the balancing of hormones which can be used to prevent or reverse hormonal cancers.

Quick Facts

- 100% whole, raw flax seed hull;
- Nutrient stability for more than 3 years;
- High in vitamin B and 18 amino acids;
- Superior Antioxidant (ORAC 196 /gm);
- Prebiotic for healthy bacteria;
- Antibacterial (for pathogens);
- Antiviral.

Health

WHAT ARE SOME OF ITS BENEFITS?

Lignans have been proved to help in the treatment of:

- HIV-AIDS
- Cardiac Disease
- Diabetes
- Kidney Disease
- Lupus
- Depression
- Arthritis
- PMS / Menopause
- Hypoglycemia
- Hormonal Balance
- Cholesterol
- Atherosclerosis

HOW DOES LignanGold COMPARE TO OTHER FOODS?

½ spoon of LignanGold =

- 4856 pounds of oatmeal
- 184 pounds of soy
- 130 pounds of garlic
- 12 pounds of flax seed

HOW SHOULD I TAKE LignanGold?

You can be versatile in taking LignanGold. Take it simply with water, mix it with a smoothie (together with BarleyGold for an energetic compliment) or add it to baked or cooked foods. To prepare a pudding, add water and let it soak for 5-8 minutes.

- Anticancer (for Colon, Breast, Prostate and Melanoma);
- Low Glycemic index;
- Bioavailable;
- Antiparasitic;
- Fungistatic.





How do we do it?

The proprietary technologies that BREAKTHRU has developed and applies are the result of an understanding of natural processes. The goal is to improve every aspect of the agricultural productive chain; from soils, seeds, plants and the final consumption of products.

It is possible to apply each technology separately to achieve isolated improvements in productive factors or they can be implemented in a combined manner to obtain stratospheric yields, making possible the production of nutritionally stabilized, market-ready products which can be stored for long periods after being harvested.

About Us

Our goal is to promote and generate a paradigm shift in relation to industrial food production, from predominantly unsustainable methods towards those that are harmonic with nature, supplying huge efficiencies and productivity while protecting our most valuable assets;

Our health, our home and our planet.

Guarantee

100% SATISFACTION AFTER ONE MONTH USAGE OR YOUR PURCHASE PRICE REFUNDED.

Manufactured under licence of

11125893 CANADA INC.
Kingston, Ontario
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E-mail: Info@break-thru.tech

Web page: www.break-thru.tech

