Rebuild and Rejuvenate

Scrub the INSIDE of Your Body. Feel Your Potential and Reverse Aging.

Continual healing results in the cleansing of a body to relieve the discomforts of aging and to preserve a vibrant state of health.

Most of us are overloaded with toxins. We are constantly exposed to dangerous toxins through the food eaten, the air breathed and the water drank. An optimally functioning elimination, and detoxification regime is necessary to prevent disease and provide good health. Even then, one is not designed to deal with industrial toxins, and must strive to remove them daily. Breakthru Technology's program of Nature's Gold Mix and MoonLight are the beginning of "Awakening a New Lifestyle".

Every cell produces waste that is poisonous and incompatible with cellular metabolism. Removal starts when waste enters the lymphatic system and gets transferred into the blood, then to one's excretory organs for final elimination. The four ways a body removes toxins is through the bowels, the kidneys, the skin and the lungs.

Inspiration for Cleansing to Detoxify.

All syndromes are the direct result of accumulation of toxins in a body. Unless and until toxins are cleaned out these so called diseases are hidden and when concentrated enough surface. The fact is the first organ of the body to start to die is the intestine. This is the first organ the Nature's Gold Mix starts to heal! Followed by the kidneys, liver, circulatory system and finally the lungs!

Discarding toxins is a remedial action that is overwhelming for the detoxifying organs, such as the liver and immune system. Being on Nature's Gold Mix two months before a heavy detoxification of MoonLight gives the immune system time to regenerate and the bowel and kidneys time to heal to be ready to move toxins out more effectively. Breakthru Technology's MoonLight continuous use for five to six months is suggested as it shortens heavy metal removal to weeks from decades.

It takes time to clean a body. Removing toxins that have been accumulating over years are well worth the time and effort!







What you should know about a Healing Event.

With the Nature's Gold Mix a cleanse is automatic, every organ in your body will start discarding stored waste as the bowel and kidney functions increase. Mobilized toxins often cause uncomfortable symptoms, referred to as a Healing Event. Symptoms usually follow the reverse order, or the newest ailments are first to heal, the healing starting from the inside out, and in the reverse order which they appeared as problems. This is called Herrings Law.

Healing Events are most often flu-like, or fatigue. Pain is usually a sign that one is being too aggressive in the detox and healing process. When detoxing, it's very important to NOT suppress these temporary annoyances with drugs or the healing process may be interrupted. Relax and keeping an open schedule is the best advice. The length of time and how many Healing Events vary with each person.

With BarleyGold Ancient, which is used with "O" blood types, diabetics or athletes, we see an interesting reaction, especially with the diabetics. Most diabetics complain on diet regimes prescribed by the medical profession because they are hungry! The message the pancreas is sending is for consumption of lots of carbohydrates and sugars. The physicians want to reduce weight. The body, however, has decided the toxins present will harm it if not immobilized in fats and is promoting the hunger sensations. Consequently, this conflicting diagnosis and body message does not assist the situation and only results in hunger and minimal influence on the blood sugar level.

Our observation is Super Dense Nutrition affects intestinal health returning it to:

- Nutrients in, toxins out;
- Pancreas demanding less carbohydrates;
- Pancreas focusing on the original job of balancing blood sugar levels;
- Pancreas utilizing the now excess fat reserves;
- Reduction in weight.

This therefore, explains the automatic weight and food input reductions. It is important, however, for diabetics to check their blood sugar level daily and talk with their physician to determine the correct adjustment or if any other medication is needed.









To Get Through a Healing Event Remember:

Rest

Energized Water

Adequate hydration is critical in this stage and energized water will give better results as the molecules are returned to their original pure, super-moisturizing state. This allows maximum moisture absorption into cells, and assists in toxin removal. E-mail: info@break-thru.tech or talk to one of our distributors to get more information on this.

Super Dense Nutrition Pre and Probiotics

During a Healing Event, the immune system is under great strain to maintain health while toxins are being eliminated. To support your immune system, Nature's Gold Mix contains LignanGold and the prebiotics to help the probiotics, the beneficial bacteria to re-establish. Antibiotics kill the good, the bad and the ugly bacteria. The nasty bacteria inhibit re-establishment of the beneficial probiotic microbes, which have a symbiotic relationship with one's body to increase nutrition and remove toxins. Without the prebiotics, probiotics have a poor chance of re-establishing. Limiting the absorption of nutrients and slowing the removal of toxins. Prebiotics can also give relief from heart burn. Junk foods combined with years of antibiotics and the casual use of laxatives destroy the beneficial digestive tract flora, leaving only the meanest antibiotic-proof bacterial strains to thrive. Prebiotics along with probiotics rebalance the intestine.

NOTE: Most health food stores have different probiotics and it is suggested to include these in a detoxification regime.

"The True Causes of Health and Longevity" or stated as "The True Causes of Chronic Illness".

If you are interested in learning the true causes of health and longevity, or chronic illness, start reading different books on these topics or drop us an email at info@break-thru.tech and our team will try to direct you to some good sources.









It took many years for us at Breakthru to learn and test the answers. Now that you have it all in one place, you can do it in less than a year. However, if one doesn't make changes, and continues to relying on pharmaceutical drugs, be resigned to the gradual decline into degenerative disease. Please don't take this as a threat, just a statement of fact.

Remember:

- Improve your elimination health, get the bowel and kidneys working at a high efficiency;
- Increase intestinal absorption of nutrients;
- Prevent harmful pathogens from collecting;
- Concentrate on eating Super Dense Organic Nutrition and non-GMO foods, a comprehensive list is available to those that are interested.







